

**2014 BELMONT HIGH SCHOOL
"JERI BLAIR" CROSS COUNTRY INVITATIONAL**

BELMONT HIGH SCHOOL invites your boys' and girls' cross country teams to participate in the thirty-third (33rd) annual Belmont High School "Jeri Blair" Interscholastic Cross Country Invitational to be held on **Friday, October 3.**

SCHEDULE	Varsity Girls' Race	4:00 PM
	Varsity Boys' Race	4:45 PM
	Awards Presentation	5:30 PM

INVITED SCHOOLS Belmont, Bishop Brady, Conant, Derryfield, Fall Mtn, Gilford, Gorham, Hillsboro-Deering, Hollis-Brookline, Hopkinton, Inter-Lakes, John Stark, Kearsarge, Laconia, Lin-Wood, Littleton, Mascenic, Mascoma, Merrimack Valley, Newfound, Moultonborough Acad, Pittsburgh-Canaan, Prospect Mountain, Sanborn, Sant Bani, Stratford, White Mountains, Winnisquam

COURSE 5142 meters; 85% grass & gravel; **no spikes**, only racing flats.

AWARDS Plaques to the top five teams in each varsity race
Plaques to the top three individuals in each varsity race
T-shirts to the top 20 individuals in each varsity race

ENTRY PROCEDURE Entries are on Direct Athletics, email ahayward@sau80.org if the meet is not on your schedule. There is an entry fee of \$30 per team (\$60 for both a boys' and girls' team). If there are less than 5 athletes per team, the fee is \$6 per athlete. Check payable to BELMONT HS and mailed to Aaron Hayward, Belmont HS, 255 Seavey Road, Belmont 03220. Fees must be received prior to race day.